**Freedom of information request 9666**

We are requesting specific information regarding psychological support available for people living with HIV.

Please provide information held by the Trust or Health Board as at the date of this request. We are requesting recorded information only.

For the purposes of this request:

- "HIV service" means the service or services responsible for providing specialist outpatient HIV care to adults.
- "Psychological support" includes identification or assessment of psychological need, psychological interventions, specialist psychological therapies, neuropsychological support, mental health pathways, and HIV peer support. More information regarding psychological support services for people living with HIV, national standards and service specifications can be found in the British HIV Association's Standards of Psychological Support for Adults Living with HIV.

Where information is held separately by more than one HIV clinic or service, please provide separate responses where reasonably practicable. If information is not held, please state "not held". If it is held only in part, please provide the information that is held.

1. **Name of your Trust or Health Board?**

Salisbury HIS Foundation Trust

2. **Does the HIV service have a named or designated role with recorded responsibility for overseeing psychological support for adults living with HIV?**
   If yes, please provide:
   a. the job title
   b. the relevant department or service;
   c. whether the post forms part of the HIV multidisciplinary team; and
   d. the funded whole-time equivalent allocated specifically to this responsibility, if recorded.

No

3. **Does the HIV service have access to funded psychological practitioner capacity dedicated wholly or partly to people living with HIV?**

If yes, please provide, where held:

a. the profession(s) or job title(s);
b. the funded whole-time equivalent dedicated to HIV care.

No

4. **Using the table below, please indicate which services for people living with HIV are available within your Trust/Health Board, the delivery route for each service (using the codes provided below), whether the service is commissioned specifically for people living with HIV, and whether the service uses Patient-Reported Outcome Measures (PROMs).**

| Type of support | Available? | Delivery route (Select all applicable codes) | Commissioned specifically for people living with HIV? | PROMs used? |
|---|---|---|---|---|
| Psychological needs identification or assessment | Yes / No / Not held | A | Yes / No / Not held | Yes / No / Not held |
| Low-intensity psychological interventions | Yes / No / Not held | A | Yes / No / Not held | Yes / No / Not held |
| Specialist psychological practitioners (e.g. clinical psychologists, counselling psychologists, psychotherapists) | Yes / No / Not held | B | Yes / No / Not held | Yes / No / Not held |
| Specialist psychological therapies | Yes / No / Not held | B | Yes / No / Not held | Yes / No / Not held |
| Neuropsychological assessment or support | Yes / No / Not held | B | Yes / No / Not held | Yes / No / Not held |
| Pathway for severe and enduring mental illness | Yes / No / Not held | B | Yes / No / Not held | Yes / No / Not held |
| HIV peer support | Yes / No / Not held | A | Yes / No / Not held | Yes / No / Not held |
| Online psychological support services | Yes / No / Not held | | Yes / No / Not held | Yes / No / Not held |
| Other | Specify | Select code | Yes / No / Not held | Yes / No / Not held |

*Delivery-route codes:*

- *A: Provided within the HIV service*
- *B: Referred to another NHS service*
- *C: Provided by a commissioned HIV-specific VCSE organisation*
- *D: Provided by a commissioned non-HIV-specific VCSE organisation*
- *E: Provided by a commissioned independent or private provider*
- *F: Information not held*

5. **Does the Trust or Health Board hold a current HIV training programme, training requirement, competency framework or guidance for staff delivering psychological or mental health support to people living with HIV?**
   If yes, please provide a copy or web link, or state:
   a. the title of the training or document;
   b. the staff groups to which it applies; and
   c. whether completion is mandatory or optional.

   No

6. **For the calendar year 1 January to 31 December 2025, please provide the following recorded figures, where held:**

a. the total number of people recorded as receiving HIV care;

171

b. the number who received a recorded psychological-needs identification, screening or assessment;

0

c. the number identified through that process as requiring or potentially benefiting from psychological support; and

n/a

d. the number referred by the HIV service for psychological support.

10 - referred by clinician following need identified during consultation but not via formal assessment

If the Trust or Health Board already holds percentages corresponding to these figures, please also provide them. We are not asking the organisation to calculate percentages that it does not already hold.

7. **For referrals made during 2025, please provide any recorded information held on waiting time, in calendar days, from the date of referral to the first attended psychological-support appointment.**

Where held, please provide:

a. mean waiting time;

b. median waiting time;

c. the number of referrals included in the calculation; and

d. the definition of waiting time used, and reporting period used.

We are not asking the Trust or Health Board to calculate a mean or median if it does not already hold that information.

Not held

8. **Since 1 January 2020, has the HIV service completed an audit, self-assessment, service review, gap analysis or quality-improvement exercise that explicitly assessed provision against either of the following standards?**

a. BHIVA Standards of Psychological Support for Adults Living with HIV (either the 2011 Standards or the updated 2025 Standards)
b. Psychological Management of Children and Young People Living with HIV: Standards for Care

For each relevant exercise completed, please provide:

a. its title and completion date;

b. which standard was used;

c. a copy of the final report, action plan or executive summary; or, if already published, a web link; and

d. the recorded status of actions arising from it, where held.

No